

Transcription of the SSE (Student Health Service) video

Staying healthy is a priority. The SSE (Student Health Service) can help! Prevention, health education, listening, detection, appropriate guidance.

Well-being:

- Protect your health to boost your success,
- Make an appointment for a preventive health check-up!
- Preventive health check for students, for all, for international students, for students in the health sector,
- Disability-related study arrangements,
- Family planning consultation: gynecological appointments, contraception STI and HIV screening and treatment, PrEP interview,
- Medical consultation for detection and referral: medical certificates (sports, internships, etc.), vaccinations, screening.

Welfare: don't let anything disrupt your studies... Come and see us, talk about it, understand!

- Talk to a psychologist: anxiety, trouble sleeping, questioning, unease,
- Preventive nursing appointments and nursing care on prescription: care, welcome, guidance,
- Nutritional assessment, food rebalancing, support,
- Smoking, screen, games, alcohol, drugs,
- Prevention campaigns: sexual health, mental health, addictions, party risks.

For all, confidential, without advance payment, by online appointment, in English or French, on presentation of your student card. No therapeutic treatment. Seeking treatment, unease, disability, state of health.

Where can you meet us (along the RER B line)?

- Orsay: Faculté Pharmacie and Polytech, IUT, Faculté des sciences
- Palaiseau: AgroParisTech
- Sceaux : IUT, Faculté Jean Monnet
- Cachan : IUT
- Le Kremlin Bicêtre : Faculté de médecine.

Don't wait until you're feeling bad to ask for help! Online appointment on your intranet.

More info at: <https://www.universite-paris-saclay.fr/vie-de-campus/sante-et-bien-etre>, email: sante.etudiants@universite-paris-saclay.fr, phone number: +33169156539.